

You, The Superhero Poster Session
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The You, The Superhero Worksheet provides a place to document all of your results for the various assessments and activities to help you “Know Yourself.” By completing these assessments, you’ll have an excellent picture of yourself and what drives your actions and decisions on a daily basis.

Personality Type

- Myers-Briggs (Assessment - <https://www.16personalities.com/free-personality-test>)
 - Four-Letter Code: _____
 - Three Distinct Characteristics: _____
- Enneagram (Assessment - <https://www.truity.com/test/enneagram-personality-test>)
 - Type Number: _____
 - Three Distinct Characteristics: _____
- Principles You (Assessment - <https://principlesyou.com/>)
 - Three Archetypes:
 - Best Match: _____
 - Good Match: _____
 - Moderate Match: _____
 - Distinct Characteristics:
 1. How You Prefer to Think: _____
 2. How You Engage With Others: _____
 3. How You Apply Yourself: _____

Strengths Assessments

- Character Strengths (Assessment - <https://www.viacharacter.org/>)
 - Top Five Character Strengths
 1. _____
 2. _____
 3. _____
 4. _____
 5. _____
- Engagement Strengths (Assessment - <https://www.gallup.com/file/workplace/245090/CliftonStrengthsQuickReferenceCard.pdf> and https://www.wiboscoc.org/uploads/3/7/2/4/37244219/strengthsfinder_full_description.pdf)
 - Top Five Engagement Strengths
 1. _____
 2. _____
 3. _____
 4. _____
 5. _____

Values Assessments

- Personal Core Values (https://scottjeffrey.com/core-values-list/#Personal_Core_Values_List_by_Category)
 - Top Five Personal Core Values
 1. _____
 2. _____
 3. _____
 4. _____
 5. _____

- Desired Work Values (<http://www.philau.edu/careerservices/inc/documents/selfAssessmentWorkValuesInventory.pdf>)
 - Top Five Desired Work Values
 - _____
 - _____
 - _____
 - _____
 - _____

Motivators

- Personal Motivators (<https://mindmonia.com/intrinsic-extrinsic-motivation/>)
 - Top Five Personal Motivators
 - _____
 - _____
 - _____
 - _____
 - _____

Superpowers

- Top Three Superpowers (https://assets.ctfassets.net/2ykm1a1c9n65/8v4BMcOwdUgCYUYacgM42/f8b75c493d49434641590fc56d6b4cbe/List_of_Common_Superpowers.pdf)
 - _____
 - _____
 - _____

Superhero Characteristics

- Superhero Tagline: _____
- Superhero Song: _____
- Superhero Name: _____
- Superhero Picture: _____

The Dream Dean

Personality Type – ENFP/INFP
Creative
Introspective
Authentic

Enneagram – Type 3
“The Achiever”
Driven
Valued
Inner-Directed

Enneagram – Type 8
“The Challenger”
Self-Confident
Decisive
Resourceful

Character Strengths
Zest
Love of Learning
Creativity
Gratitude
Hope
Spirituality



Principles You Archetypes
Shaper
Inventor
Inspirer

Engagement Strengths
Maximizer
Futuristic
Relator
Belief
Activator
Connectedness

Lifestyle Values
Prefer warm weather/climate.
Be involved in sporting activities.
Spend time with close friends/community/tribe.
Contribute to well-being of others.
Engage in practices for inner peace.
Spend time reading and/or writing.
Live with (and spend quality) with partner.

Workplace Identity and Motivators
Identity: The Thinker
Motivators: Purpose, Autonomy, Creativity, Impact, Learning

Desired Work Values
Personal Development
Independence
Flexible Hours
Friendships
Making a Difference

Superhero Theme Song
“Made for This” - Carrollton

Seven-Word Life Motto
“Dream Big. Live With Purpose. Inspire Others.”

Superpower Tagline
“Achieving more than anyone thought possible.”

Personal Motivators
Become my best self
Be around like-minded people
Leave a legacy/be remembered
Do work that’s significant
Focus on health and well-being
Have financial security/stability
Make an impact on others

Personal Core Values
Fitness/Health
Wisdom
Personal Development/Growth
Family/Friends (Community/Tribe)
Spirituality