



Character Resume

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Character Summary

Creative thinker who thrives in autonomous work environment. Directed and driven by personal core values. Obsessed with working out and exploring strategies to increase health and well-being in myself and in others. Committed to the exploration of purpose and making a difference in and developing the lives of others and making an impact on the world. Curated numerous self-reflective tools and activities through my love for reading. Focused, disciplined, and determined to make the most out of this one precious life.

Personality Type

- **Myers-Briggs**
 - **Four Letter Code:** ENFP, “The Champion”
 - **Characteristics:** authentic, values-driven, passionate, energetic, independent, creative
- **Enneagram**
 - **Number Type:** Type 8, “The Challenger”
 - **Characteristics:** independent; self-sufficient; driven; passionate; headstrong; energetic; confrontational; action-oriented
- **The Big Five Aspects**
 - **Scores:** Openness: 87; Conscientiousness: 85; Extraversion: 52; Agreeableness: 45; Neuroticism: 68
 - **Characteristics:** ambitious; self-disciplined; deliberate; thoughtful; anxious; vulnerable; creative; unconventional
- **Holland Job Aptitude**
 - **Primary and Secondary Interest Area**
 - Primary: Persuading; Secondary: Creating
 - **Characteristics:** Energetic, Ambitious, Motivating, Initiative, Achievement

Strengths

- **VIA Character Strengths**
 - Zest
 - Love of Learning
 - Creativity
 - Gratitude
 - Hope
 - Spirituality
- **Gallup StrengthsFinder**
 - Maximizer
 - Futuristic
 - Relator
 - Belief
 - Activator
 - Connectedness

- **Principles You**
 - **Archetypes:** Shaper, Inventor, Inspirer
 - **How You Prefer to Think:** Conceptual, Creative
 - **How You Engage With Others:** Tough, Leadership, Nurturing
 - **How You Apply Yourself:** Autonomous, Energetic, Determined

Values

- **Personal Core Values**
 - (1) Fitness/Health, (2) Wisdom, (3) Personal Development/Growth, (4) Family/Friendship (Community), (5) Spirituality
- **Desired Work Values**
 - Personal Development, Autonomy/Independence, Flexibility, Friendships, Making a Difference, Travel, Respect
- **Lifestyle Values**
 - Prefer warm weather/climate.
 - Be involved in sporting activities.
 - Spend time with close friends/community/tribe.
 - Contribute to well-being of others.
 - Engage in practices for inner peace.
 - Spend time reading and/or writing.
 - Live with (and spend quality) with partner.

Motivations

- **Personal Motivators**
 - Become my best self.
 - Be around like-minded people.
 - Leave a legacy/be remembered.
 - Do work that's significant.
 - Focus on health and well-being.
 - Have financial security/stability.
 - Make an impact on others.
- **Workplace Characteristics**
 - *Workplace Identity:* The Thinker
 - *Workplace Motivators:* Autonomy, Creativity, Impact, Learning, Purpose, Developing Others

Superpowers

- **Creative Curator:** I can read an article and/or book, connect information with a different article and/or book, and create a tool/activity that helps people learn something new about themselves.
- **Action-Oriented:** I am not someone who sits and waits for things to happen; I believe that you create your own luck by taking some type of deliberate action, putting yourself out into the world.
- **Values-Driven:** Constantly reflecting on the things that are most important in my life. My values guide every action and decision I make, making it easier to say "Hell Yes" to the things that matter and "Hell No" to the things that don't matter.
- **Transparency:** Make sure that everyone I meet sees me for who I am, the good and the not-so-good. "What you see is what you get," because I have nothing to hide.
- **Adjusting on the Fly:** Being able to adapt quickly to the environment when doing presentations. I feel that I have the adaptability and flexibility to change on the fly.

Life Mottos

- Dream Big. Live With Purpose. Inspire Others. (Original)
- Achieving more than one every thought possible. (Work)
- Striving to be 1% better every day. (Personal)